

Ad Completorium Monastic

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6-24-2021



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Incipit

V. Iube, domne, benedícere.

Benedictio. Noctem quiétam et finem perféctum concédât nobis Dóminus omnípotens. Amen.

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Start

V. Grant, Lord, a blessing.

Benediction. May almighty God grant us a quiet night and a perfect end. Amen.

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Lectio brevis

1 Pet 5:8-9

Fratres: Sóbrii estóte, et vigiláte: quia adversárius vester diábolus tamquam leo rúgiens círcuit, quærens quem devoret: cui resístite fortes in fide.

V. Tu autem, Dómine, miserére nobis.

R. Deo grátias.

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Short reading

1 Pet 5:8-9

Brothers: Be sober and watch: because your adversary the devil, as a roaring lion, goeth about seeking whom he may devour. Whom resist ye, strong in faith.

V. But thou, O Lord, have mercy upon us.

R. Thanks be to God.

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V. Adjutórium nóstrum ☩ in nómine Dómini.

R. Qui fecit cælum et terram.

Examen conscientiae vel Pater Noster totum secreto.

Pater noster, qui es in cælis, sanctificétur nomen tuum: advéniat regnum tuum: fiat volúntas tua, sicut in cælo et in terra. Panem nostrum quotidíanum da nobis hódie: et dimítte nobis débíta nostra, sicut et nos dimíttimus debitóribus nostris: et ne nos indúcas in tentatiónem: sed líbera nos a malo. Amen.

Confíteor Deo omnipoténti, beátæ Mariæ semper Vírgini, beáto Michaéli Archángelo, beáto Joánni Baptistæ, sanctis Apóstolis Petro et Paulo, beáto Patri nostro Benedícto, et ómnibus Sanctis, quia peccávi nimis, cogitatióne, verbo et ópere: **percutit sibi pectus** mea culpa, mea culpa, mea máxima culpa.

Ídeo precor beátam Mariám semper Vírginem, beátum Michaélem Archángelum, beátum Joánnem Baptistam, sanctos Apóstolos Petrum et Paulum, beátum Patrem nostrum Benedíctum, et omnes Sanctos, oráre pro me ad Dóminum Deum

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V. Our help is ☩ in the name of the Lord.

R. Who made heaven and earth.

There follows an examination of conscience, or the Our Father said silently.

Our Father, who art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation: But deliver us from evil. Amen.

I confess to almighty God, to blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, our holy Father Benedict, and to all the Saints, that I have sinned exceedingly in thought, word and deed: **strikes his breast** through my fault, through my fault, through my most grievous fault. Therefore I beseech blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, our holy Father Benedict, and all the Saints, to pray for me to the Lord our God.

nostrum.

Misereatur nostri omnipotens Deus, et dimissis peccatis nostris, perducat nos ad vitam æternam. Amen.

Indulgéntiam, ✠ absolutiónem et remissionem peccatorum nostrorum tríbuat nobis omnipotens et miséricors Dóminus. Amen.

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. Amen.

May the almighty ✠ and merciful Lord grant us pardon, absolution and remission of our sins. Amen.

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V. Convérte nos ✠ Deus, salutáris noster.

R. Et avérte iram tuam a nobis.

V. Deus ✠ in adjutórium meum inténde.

R. Dómine, ad adjuvándum me festína.

V. Glória Patri, et Fílio, * et Spirítui Sancto.

R. Sicut erat in princípío, et nunc, et semper, * et in sæcula sæculórum. Amen.

Allelúja.

V. Turn us then, ✠ O God, our saviour:

R. And let thy anger cease from us.

V. O God, ✠ come to my assistance;

R. O Lord, make haste to help me.

V. Glory be to the Father, and to the Son, * and to the Holy Ghost.

R. As it was in the beginning, is now, * and ever shall be, world without end. Amen.

Alleluia.

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Psalmus 4 [1]

4:2 Cum invocárem exaudivit me Deus justítiæ meæ: * in tribulatióne dilatásti mihi.

4:2 Miserére mei, * et exáudi oratióem meam.

4:3 Fílii hóminum, úsquequo gravi corde? * ut quid dilígitis vanitátem, et quæritis mendácium?

4:4 Et scitóte quóniam mirificávit Dóminus sanctum suum: * Dóminus exáudiet me cum clamávero ad eum.

4:5 Irascímini, et nolíte peccáre: * quæ dicitis in córdibus vestris, in cubílibus vestris compungímini.

4:6 Sacrificáte sacrificium justítiæ, et speráte in Dómino. * Multi dicunt: Quis osténdit nobis bona?

4:7 Signátum est super nos lumen vultus tui, Dómine: * dedísti lætítiam in corde meo.

4:8 A fructu fruménti, vini, et ólei sui * multiplicáti sunt.

4:9 In pace in idípsum * dórmiam, et requiéscam;

4:10 Quóniam tu, Dómine, singuláriter in spe * constituísti me.

V. Glória Patri, et Fílio, * et Spirítui Sancto.

R. Sicut erat in princípío, et nunc, et semper, * et in sæcula sæculórum. Amen.

Psalm 4 [1]

4:2 When I called upon him, the God of my justice heard me: * when I was in distress, thou hast enlarged me.

4:2 Have mercy on me: * and hear my prayer.

4:3 O ye sons of men, how long will you be dull of heart? * Why do you love vanity, and seek after lying?

4:4 Know ye also that the Lord hath made his holy one wonderful: * the Lord will hear me when I shall cry unto him.

4:5 Be ye angry, and sin not: * the things you say in your hearts, be sorry for them upon your beds.

4:6 Offer up the sacrifice of justice, and trust in the Lord: * many say, Who sheweth us good things?

4:7 The light of thy countenance, O Lord, is signed upon us: * thou hast given gladness in my heart.

4:8 By the fruit of their corn, their wine, and oil, * they are multiplied.

4:9 In peace in the selfsame * I will sleep, and I will rest:

4:10 For thou, O Lord, singularly * hast settled me in hope.

V. Glory be to the Father, and to the Son, * and to the Holy Ghost.

R. As it was in the beginning, is now, * and ever shall be, world without end. Amen.

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Psalmus 90 [2]

90:1 Qui hábitat in adjutório Altíssimi, * in
protectióne Dei cæli commorábitur.
90:2 Dicet Dómino: Suscéptor meus es tu, et
refúgium meum: * Deus meus sperábo in eum.
90:3 Quóniam ipse liberávit me de láqueo
venántium, * et a verbo áspero.
90:4 Scápolis suis obumbrábit tibi: * et sub pennis
ejus sperábis.
90:5 Scuto circúmdabit te véritas ejus: * non timébis
a timóre noctúrno,
90:6 A sagítta volánte in die, a negótio perambulánte
in ténebris: * ab incúrsu, et dæmónio meridiáno.
90:7 Cadent a látere tuo mille, et decem míllia a
dextris tuis: * ad te autem non appropinquábit.
90:8 Verúmtamen óculis tuis considerábis: * et
retributióne peccatórum vidébis.
90:9 Quóniam tu es, Dómine, spes mea: *
Altíssimum posuísti refúgium tuum.
90:10 Non accédet ad te malum: * et flagéllum non
appropinquábit tabernáculo tuo.
90:11 Quóniam Ángelis suis mandávit de te: * ut
custódiant te in ómnibus viis tuis.
90:12 In mánibus portábunt te: * ne forte offéndas ad
lápídem pedem tuum.
90:13 Super áspídem, et basilíscum ambulábis: * et
conculcábis leónem et dracónem.
90:14 Quóniam in me sperávit, liberábo eum: *
prótegam eum, quóniam cognóvit nomen meum.
90:15 Clamábit ad me, et ego exáudiam eum: * cum
ipso sum in tribulatióne: erípiam eum et glorificábo
eum.
90:16 Longitúdine diérum replébo eum: * et
osténdam illi salutáre meum.
V. Glória Patri, et Fílio, * et Spirítui Sancto.
R. Sicut erat in princípíio, et nunc, et semper, * et in
sæcula sæculórum. Amen.

Psalm 90 [2]

90:1 He that dwelleth in the aid of the most High, *
shall abide under the protection of the God of
Jacob.
90:2 He shall say to the Lord: Thou art my protector,
and my refuge: * my God, in him will I trust.
90:3 For he hath delivered me from the snare of the
hunters: * and from the sharp word.
90:4 He will overshadow thee with his shoulders: *
and under his wings thou shalt trust.
90:5 His truth shall compass thee with a shield: *
thou shalt not be afraid of the terror of the night.
90:6 Of the arrow that flieth in the day, of the
business that walketh about in the dark: * of
invasion, or of the noonday devil.
90:7 A thousand shall fall at thy side, and ten
thousand at thy right hand: * but it shall not come
nigh thee.
90:8 But thou shalt consider with thy eyes: * and
shalt see the reward of the wicked.
90:9 Because thou, O Lord, art my hope: * thou hast
made the most High thy refuge.
90:10 There shall no evil come to thee: * nor shall
the scourge come near thy dwelling.
90:11 For he hath given his angels charge over thee;
* to keep thee in all thy ways.
90:12 In their hands they shall bear thee up: * lest
thou dash thy foot against a stone.
90:13 Thou shalt walk upon the asp and the basilisk:
* and thou shalt trample under foot the lion and the
dragon.
90:14 Because he hoped in me I will deliver him: * I
will protect him because he hath known my name.
90:15 He shall cry to me, and I will hear him: * I am
with him in tribulation, I will deliver him, and I
will glorify him.
90:16 I will fill him with length of days; * and I will
shew him my salvation.
V. Glory be to the Father, and to the Son, * and to
the Holy Ghost.
R. As it was in the beginning, is now, * and ever
shall be, world without end. Amen.

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Psalmus 133 [3]

133:1 Ecce nunc benedícite Dóminum, * omnes servi
Dómini:
133:1 Qui statis in domo Dómini, * in átriis domus
Dei nostri.
133:2 In nóctibus extóllite manus vestras in sancta, *
et benedícite Dóminum.

Psalm 133 [3]

133:1 Behold now bless ye the Lord, * all ye servants
of the Lord:
133:1 Who stand in the house of the Lord, * in the
courts of the house of our God.
133:2 In the nights lift up your hands to the holy
places, * and bless ye the Lord.

133:3 Benedícat te Dóminus ex Sion, * qui fecit
cælum et terram.

V. Glória Patri, et Fílio, * et Spirítui Sancto.

R. Sicut erat in princípío, et nunc, et semper, * et in
sæcula sæculórum. Amen.

133:3 May the Lord out of Sion bless thee, * he that
made heaven and earth.

V. Glory be to the Father, and to the Son, * and to
the Holy Ghost.

R. As it was in the beginning, is now, * and ever
shall be, world without end. Amen.

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Hymnus

Te lucis ante términum,
Rerum Creátor, póscimus,
Ut sólita cleméntia,
Sis præsul ad custódiam.

Procul recédant sómnia,
Et nóctium phantásmata:
Hostémque nóstrum cómprime,
Ne polluántur córpora.

* Præsta, Pater omnípotens,
Per Iesum Christum Dóminum,
Qui tecum in perpétuum
Regnat cum Sancto Spíritu.
Amen.

Hymn

Before the ending of the day,
Creator of the world, we pray
That with thy wonted favor thou
Wouldst be our guard and keeper now.

From all ill dreams defend our eyes,
From nightly fears and fantasies;
Tread under foot our ghostly foe,
That no pollution we may know.

* O Father, that we ask be done,
Through Jesus Christ, thine only Son;
Who, with the Holy Ghost and thee,
Doth live and reign eternally.
Amen.

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Capitulum Responsorium Versus

Jer 14:9

Tu autem in nobis es, Dómine, et nomen sanctum
tuum invocátum est super nos: ne derelínquas nos,
Dómine, Deus noster.

R. Deo grátias.

V. Custódi nos, Dómine, ut pupíllam óculi.

R. Sub umbra alárum tuárum prótege nos.

Kyrie eléison. Christe, eléison. Kyrie, eléison.

Pater noster, qui es in cælis, sanctificétur nomen
tuum: advéniat regnum tuum: fiat volúntas tua,
sicut in cælo et in terra. Panem nostrum
quotidiánum da nobis hódie: et dimítte nobis débita
nostra, sicut et nos dimíttimus debitóribus nostris:

V. Et ne nos indúcas in tentatiónem:

R. Sed líbera nos a malo.

Chapter Responsory Verse

Jer 14:9

But thou, O Lord, art among us, and thy name is
called upon by us: forsake us not, O Lord our God.

R. Thanks be to God.

V. Keep us, Lord, as the apple of thine eye.

R. Protect us under the shadow of thy wings.

Lord have mercy on us, Christ have mercy on us,
Lord have mercy on us.

Our Father, who art in heaven, Hallowed be thy
name. Thy kingdom come. Thy will be done on
earth as it is in heaven. Give us this day our daily
bread. And forgive us our trespasses, as we forgive
those who trespass against us.

V. And lead us not into temptation:

R. But deliver us from evil.

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Oratio

V. Dómine, exáudi oratiónem meam.

Prayer

V. O Lord, hear my prayer.

11

R. Et clamor meus ad te véniat.

*O*rémus.

*V*ísita, quæsumus, Dómine, habitatióem istam, et omnes insídias inimíci ab ea lónge repélle: Ángeli tui sancti hábitent in ea, qui nos in pace custódiant; et benedíctio tua sit super nos semper.

*P*er Dóminum nostrum Jesum Christum, Fílium tuum: qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

R. Amen.

R. And let my cry come unto thee.

*L*et us pray.

*V*isit, we beseech thee, O Lord, this dwelling, and drive far from it the snares of the enemy; let thy holy angels dwell herein to preserve us in peace, and let thy blessing be always upon us.

*T*hrough Jesus Christ, thy Son our Lord, Who liveth and reigneth with thee, in the unity of the Holy Ghost, God, world without end.

R. Amen.

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Conclusio

V. Dómine, exáudi oratióem meam.

R. Et clamor meus ad te véniat.

V. Benedicámus Dómino.

R. Deo grátias.

Benedictio. Benedícat et custódiat nos omnípotens et miséricors Dóminus, ✠ Pater, et Fílius, et Spíritus Sanctus.

R. Amen.

Antiphona finalis B.M.V.

*S*alve, Regína, mater misericórdiæ;
vita, dulcédo et spes nóstra, salve.
Ad te clamámus éxsules fílii Hevæ.
Ad te suspirámus geméntes et flentes
In hac lacrimárum valle.

Eja ergo, advocáta nostra,
illos tuos misericórdes óculos ad nos convérte.
Et Jesum, benedíctum fructum ventris tui,
nobis post hoc exsílium osténde.
O clemens, o pia, o dulcis Virgo María.

V. Ora pro nobis, sancta Dei Génitrix.

R. Ut digni efficiámur promissionibus Christi.

*O*rémus.

*O*mnípotens sempitérne Deus, qui gloriósæ Vírginis Matris Mariæ corpus et ánimam, ut dignum Fílii tui habitáculum éffici mererétur, Spíritu Sancto cooperánte, præparásti: da, ut, cujus commemoratióne lætámur, ejus pia intercessióne, ab instántibus malis et a morte perpétua liberémur. Per eúndem Christum Dóminum nóstrum. Amen.

V. Divínium auxiliúm ✠ máneat semper nobíscum.

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Conclusion

V. O Lord, hear my prayer.

R. And let my cry come unto thee.

V. Let us bless the Lord.

R. Thanks be to God.

Benediction. The almighty and merciful Lord, ✠ the Father, the Son and the Holy Spirit, bless us and keep us.

R. Amen.

Final Antiphon of the Blessed Virgin Mary

*H*ail holy Queen, Mother of Mercy,
our life, our sweetness, and our hope.
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs, mourning and weeping
In this valley of tears.

Turn then, most gracious Advocate,
thine eyes of mercy toward us.

And after this our exile show unto us
the blessed fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

*L*et us pray.

O almighty, everlasting God, who by the cooperation of the Holy Spirit, didst prepare the body and soul of Mary, glorious Virgin and Mother, to become a worthy dwelling for Thy Son; grant that we who rejoice in her commemoration may, by her gracious intercession, be delivered from present evils and from everlasting death.

R. Et cum fratribus nostris absentibus. Amen.

Through the same Christ our Lord. Amen.

V. May the divine assistance ☩ remain with us always.

R. And with our brothers, who are absent. Amen.

Completorium persolut.

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